



First Descent - Orientation Raft Trip Information Sheet

When & Where to Meet: At 12:30pm, you will meet at the Campus Recreation Center, Adventure Shop for your rafting trip. The Base Camp Cullowhee staff will greet you at the Adventure Shop. Transportation will pick you up and transport you to the river. Plan to return to Campus around 6:30pm. Make sure to eat lunch or bring it with you prior to coming to meet for your rafting trip. You will need the energy!

What to Expect: After meeting with BCC, there will be a “trip talk” to inform you of the safety precautions for whitewater rafting. After the trip talk, participants will be issued gear, load into our rafting buses, and drive to the river (30min drive). The Nantahala River is 9 miles of class II to III rapids. This river is very appropriate for individuals and families with no rafting experience. You will receive a paddle and instruction on how to assist your guide in maneuvering your raft down the river. Also, participants will assist with carrying rafts and other equipment.

What to Bring: Clothing: Come dressed in what you will wear on the river! Any type of cotton blue jeans, sweat pants or long pants are not recommended. Any synthetic fabric type clothing such as nylon, polyester, or polypropylene, is recommended.

Rafting Equipment: Base Camp Cullowhee will provide the participants with all the rafting equipment they will need. Participants have the option of borrowing a nylon-paddling jacket or wet suit depending on temperature. Everyone on the trip will receive a life jacket and will be expected to wear it while on the river. You should be in good physical health.

Participants should wear/bring:

- Shorts or bathing suit
- T-shirt
- Tennis shoes/Texas/River Shoes (**NO FLIPFLOPS OR SANDALS**) shoes must have a heel strap
- If you wear glasses, bring something to secure them such as “Croakies”, string, or rubber bands.
- Dry change of clothes
- Towel
- Small bag to take with you to the river to change into after we get off the water.

Suggestion: Bring some cash with you for snacks on the way home.

For Questions, on or before the day of your trip contact Base Camp at basecamp@wcu.edu
See you there RAIN or SHINE!

NOTICE:

You are responsible for keeping up with your own equipment and any equipment assigned to you by Base Camp Cullowhee staff. Base Camp will assume no responsibility for lost or damaged personal or rental equipment. You must immediately report injuries/medical problems to a Base Camp guide. As with most outdoor activities serious injuries can occur such as dislocations, fractures, and head injuries, however the most common injuries are bumps and bruises. Please remember that you are accepting responsibility for these risks by participating in this activity. We take all precautions and with your help we can minimize these risks.

Base Camp Cancellation Policy: If the trip is cancelled by Base Camp Staff due to insufficient registration, unsafe conditions, or weather related circumstances patrons will receive a full refund or have the option to obtain credit towards a future outing. If cancellation is made on the part of the patron, more than seven days before the trip date for full and half day trips, more than two weeks before the trip date for overnight trips and more than one month before the trip date for trips three days or longer, a full refund will be given. Regardless of when you register, no refunds will be given, unless there are special circumstances, for cancellations made within seven days of the trip date for full and half day trips, two weeks before the trip date for overnight trips and one month before the trip date for trips three days or longer. Cancellations must be made in writing via email Monday-Friday between the hours of 10am-4pm.

**Base Camp Cullowhee Trips are alcohol and drug free.
828-227-8813—basecamp@wcu.edu**